

Occupational Health Psychology

OEHS 6810-001

Course Directors:	Joseph A. Allen, PhD joseph.a.allen@utah.edu Preferred Communication: Email me directly
Office Hours:	Dr. Allen: By appointment
Required Readings:	Schonfeld, I. S., & Chang, C. H. (2017). <i>Occupational health psychology</i> . New York, NY: Springer Publishing Company Quick, J. C. E., & Tetrick, L. E. (2014). <i>Handbook of occupational health psychology, 2e</i> . Washington, DC: American Psychological Association.
Course Meeting Time:	Lecture/Discussion: Wednesdays from 1pm to 3pm

Grading Requirements:	Final score out of a possible 500 points Discussion Leader (50 points) Discussion Participation (50 points) Comprehensive Midterm Exam – (100 Points) Applied Paper Project – (200 Points) Topic Choice – (10 points) Reading List – (10 points) Outline – (10 points) Draft – (20 points) Peer Review – (50 points) Final Paper Submission – (100 Points) Comprehensive Final Exam – (100 Points)
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Class meetings will involve a seminar format in which various issues relating to course topics and readings will be raised and discussed. As part of the seminar format, there are a few key requirements that accompany this approach:

- (1) As a student, you must read each of the assigned articles and chapters prior to the start of class time
- (2) You must develop 2-4 thought provoking questions about the material that naturally emerge from your reading experience
- (3) those who are assigned to be discussion leaders must prepare additional discussion points/questions that help the class begin discussing the idea.

Discussion leaders must prepare a minimum of 10-15 discussion questions to help ensure a strong class discussion. Discussion leaders initiate the discussion and work to maintain thought provoking discussion throughout the class period. However, ALL STUDENTS are responsible to come prepared to discuss and to share their thoughts, ideas, and prepared questions. Discussion leaders are to submit their discussion questions by the end of the day Monday before the Wednesday session. Discussion participants are to submit their questions by end of day Tuesday before the Wednesday session. These elements are how the grades for these two requirements are assessed and earned.

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Comprehensive Midterm and Final examinations will be comprised of short answer and essay questions. Short answer questions should be able to be answered with no more than a paragraph whereas essay questions may require up to 5 pages, double-spaced, 12 point font, to adequately respond. Both midterm and final are take-home exams and they are open book and open note, but not open “neighbor” (i.e. another person).

The Applied Paper Project will occur in stages over the course of the semester and most details will be shared at the virtual discussion sessions each week. The purpose of the project is to propose either an applied solution to an OHP related problem within a given population OR a research project to test the relationships between some exposure/outcome and/or an intervention to reduce an OHP related outcome/problem. Tasks for the project are spread out over the course of the semester so as to ensure the final product is sufficient for potential implementation or publication. Deadlines are noted in the timeline table.

Grading criteria for this course as follows:

100% - 92%	A
92% - 90%	A-
90% - 88%	B+
88% - 82%	B
82% - 80%	B-
80% - 78%	C+
78% - 72%	C
72% - 70%	C-
Below 70%	D

Tentative (i.e. subject to change) Timeline and Lecture Schedule

Week/Topic	Readings	Paper Project	Discussion Leader
Week 1: OHP Introduction, History, and Mission (1/20/21)	Quick & Tetrick Ch. 1 and 2; Schonfeld & Chang Ch.1		Dr. Allen
Week 2: Research Methods in OHP (1/27/21)	Schonfeld & Chang Ch. 2; Quick & Tetrick Ch. 20		Dr. Allen
Week 3: Models & Frameworks Part 1 (2/3/21)	Quick & Tetrick Ch. 3, 4, and 6		
Week 4: Models & Frameworks Part 2 (2/10/21)	Quick & Tetrick Ch. 5 and 7; Allen, Deifendorff, & Ma 2013	Topic Choice Due	
Week 5: Mental Health at Work (2/17/21)	Schonfeld & Chang Ch. 3; Quick & Tetrick Ch. 12; Schaufeli et al., 2009		
Week 6: OHP Epidemiology & Medical Disease (2/24/21)	Schonfeld & Chang Ch. 4; Quick & Tetrick Ch. 13, 14, and 15	Reading List Due	
Week 7: Midterm Exam (week of 3/1/21)		Midterm Exam Due	NA
Week 8: Climate and Leadership (3/10/21)	Schonfeld & Chang Ch. 6; Quick & Tetrick Ch. 8 and 19; Taylor et al., 2019		

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Week 9: OHP Specific Occupations (3/17/21)	Schonfeld & Chang Ch. 7; Allen, Baran, & Scott, 2010; Maglio et al., 2018	Outline Due	
Week 10: Occupational Safety (3/24/21)	Schonfeld & Chang Ch. 8; Quick & Tetrick Ch. 10 and 11		
Week 11: Work-Family Balance (3/31/21)	Schonfeld & Chang Ch. 9; Quick & Tetrick Ch. 9; Greenhaus, Collins, & Shaw, 2003	Draft Due	
Week 12: Interventions in OHP (4/7/21)	Schonfeld & Chang Ch. 10; Quick & Tetrick Ch. 16, 17, and 18		
Week 13: Future of OHP (4/14/21)	Schonfeld & Chang Ch. 11; Quick & Tetrick Ch. 21	Peer Review Due	
Week 14: Applied Paper Project (4/21/21)		Applied Paper Project Due	NA
Week 15: Final Exam (week of 4/26/21)		Final Exam Due	NA

Course Evaluation

Evaluation methods include leading discussions, participation in discussions, exams, and applied paper project. Dismissal from a course and/or the college can result from unprofessional behavior. Final letter grades for the course will be based on the rubric in the Student Handbook.

Americans with Disabilities Act

The Americans with Disabilities Act. The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the Center for Disability Services, 1620 Olpin Union Building, (801) 581-5020. CDS will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in an alternative format with prior notification to the Center for Disability Services

Addressing Sexual Misconduct

Addressing Sexual Misconduct. Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the Office of Equal Opportunity and Affirmative Action, 135 Park Building, 801-581-8365, or the Office of the Dean of Students, 270 Union Building, 801-581-7066. For support and confidential consultation, contact the Center for Student Wellness, SSB 328, 801-581-7776. To report to the police, contact the Department of Public Safety, 801-585-2677 (COPS).

Campus Safety

The University of Utah values the safety of all campus community members. To report suspicious activity, call campus police at 801-585-COPS (801-585-2677). You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit safeu.utah.edu.

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University of Utah Academic Code of Conduct

All students are expected to maintain professional behavior in the classroom setting, according to the Student Code, spelled out in the Student Handbook. Students have specific rights in the classroom as detailed in Article III of the Code. The Code also specifies proscribed conduct (Article XI) that involves cheating on tests, plagiarism, and/or collusion, as well as fraud, theft, etc. Students should read the Code carefully and know they are responsible for the content. According to Faculty Rules and Regulations, it is the faculty responsibility to enforce responsible classroom behaviors, and I will do so, beginning with verbal warnings and progressing to dismissal from class and a failing grade. Students have the right to appeal such action to the Student Behavior Committee.

Note: This syllabus is meant to serve as an outline and guide for our course. Please note that I may modify it with reasonable notice to you. I may also modify the Course Schedule to accommodate the needs of our class. Any changes will be announced in class and posted on Canvas under Announcements.

I have elected to use a plagiarism detection service in this course, in which case you will be required to submit your paper to such a service as part of your assignment.

Online Guidelines

There are unique responsibilities that come with taking a course having an online component.

Electronic or equipment failure: It is your responsibility to maintain your computer and other equipment needed to participate in online forums in a manner that enhances your experience. Equipment failures will not be an acceptable excuse for late or absent assignments or quizzes.

Classroom equivalency: Online communications, including e-mail, discussion threads, and chat rooms are equivalent to the classroom and are subject to the Student Code. Specifically:

- Posting photos or comments that would be off-topic in a classroom are still off-topic in a discussion thread.
 - Off-color language is never appropriate.
 - Using angry or abusive language is called "flaming", and is not acceptable.
 - Do not use ALL CAPS, except for titles, since it is the equivalent of shouting online, as is overuse of certain punctuation marks such as exclamation points !!!! and question marks ?????.
 - Online communications, including e-mail in Canvas, are University property and subject to GRAMA regulations. Privacy regarding Canvas communications must not be assumed unless mutually agreed upon in advance.
 - As with assignments, instructors are required to respond to e-mails in a "reasonable" amount of time. Use the e-mail address posted in this syllabus as the preferred means of communication. Note that content may be shared with the class when there are valid teaching/learning reasons for doing so and mutual privacy agreements for the communications have not been previously made.
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